



# 2010 Grants

## Mental Health/Behavioral Health

### Capacity Building

Greenwoods Counseling Referrals, Inc. — Litchfield, CT	\$21,455	<b>Integrating Mental Health &amp; Substance Abuse Services in the NW Corner of CT:</b> To create a learning collaborative of mental health & substance abuse professionals to identify opportunities to improve coordination of care.
Prime Time House, Inc. — Torrington, CT	\$20,771	<b>Rural Mental Health Initiative:</b> To provide local access to a full-spectrum of community-based services to individuals with mental health illness residing in NW CT and Eastern Dutchess.

### Prevention/Early Intervention

Council on Addiction Prevention & Education of Dutchess County, Inc.(CAPE) — Poughkeepsie, NY	\$44,091	<b>Eastern Dutchess Prevention Project, Community Coalition Sustainability &amp; Program Development:</b> To enhance the ability of youth and their families to make informed, healthy decisions about substance abuse & other risky behaviors through school-based education & collective community action.
Housatonic Youth Service Bureau, Inc. (HYSB) — Falls Village, CT	\$20,000	<b>NW Connecticut Prevention Project, Community Coalition Sustainability &amp; Program Development:</b> To enhance the ability of youth and their families in NW CT to make informed, healthy decisions about substance abuse & other risky behaviors through the development of community based strategies.
Women's Support Services — Sharon, CT	\$10,000	<b>Cyberbullying: Understanding &amp; addressing online cruelty in Region 1, Webutuck &amp; Dover School Districts for Grades 4-8:</b> To develop, conduct and evaluate prevention education strategies promoting healthy relationships among students.

## Access to Services

### Transportation

Columbia County Community Healthcare Consortium, Inc. — Hudson, NY	\$20,000	<b>Children &amp; Adults Medical Transportation Service (CARTS):</b> Ongoing support to provide medical transportation services in Copake and Ancram, New York.
Geer Adult Day Center — Canaan, CT	\$34,000	<b>Transportation Program:</b> Ongoing support of transportation in Northwestern Connecticut for non-emergency medical appointments.
North East Community Council, Inc. — Millerton, NY	\$17,835	<b>Mobility Manager/New Freedom Fund Grant Match:</b> To establish a door-to-door transportation service for Eastern Dutchess run by an independent non-profit.
North East Community Council, Inc. — Millerton, NY	\$10,000	<b>Care Car Program:</b> Ongoing support of a transportation program serving primarily Northeastern Dutchess County.

### Increasing Access to Services

Catholic Charities Community Services, NY Archdiocese — Poughkeepsie, NY	\$15,000	<b>Provide Dutchess County Immigrants Access to Services:</b> Ongoing support of immigration and case management services for residents in Northeast Dutchess County.
EMS Institute, Inc. — Sharon, CT	\$25,000	<b>Capacity Building:</b> Sixth year of capacity building support to strengthen the ability of the volunteer EMS community to provide cost-effective, life-saving, emergency services to our communities.
Northwestern CT Community College Foundation — Winsted, CT	\$96,500	<b>Nursing Program Implementation:</b> To support the hiring of a Program Director for the newly established 18 month Associates Degree Nursing Program.
Universal Health Care Foundation of Connecticut — Meriden, CT	\$10,000	<b>Leadership Development &amp; Community Engagement:</b> To achieve health reform tailored to CT that ensures quality, affordable care that is sustainable for individuals and the state economy.

"The Foundation for Community Health, through the Eastern Dutchess Coalition, provides important financial support to bring the Council on Addiction Prevention & Education of Dutchess County (CAPE) initiatives to an underserved area of Dutchess County. We particularly appreciate the commitment of the Foundation for Community Health to partial funding of the Project Success student assistant to serve the students and families of Eastern Dutchess County. In addition, the data from the Search Institute survey provides valuable insights to identify ways in which public schools can improve the quality of life and increase the number of community assets for our young people."

Linda L. Kaumeyer, Superintendent of Schools  
Pine Plains Central School District, NY

## Oral Health

### Oral Health Access Initiative

Columbia Memorial Hospital — Hudson, NY	\$24,950	<b>Expanded Dental Services-Taconic Hills School District:</b> Continuing support of an in-school dental program for Head Start and K-5 that includes screenings, cleanings, sealants, treatments and parent education.
Hudson River HealthCare, Inc. — Peekskill, NY	\$60,000	<b>Dental Operatory:</b> Funding the cost of the equipment for one of three new dental operatories.
Hudson River HealthCare, Inc. — Peekskill, NY	\$40,000	<b>Dental Van:</b> Fourth year of funding dental services in a mobile van serving Eastern Dutchess.
Maria Seymour Brooker Memorial, Inc. — Torrington, CT.	\$22,520	<b>School-based preventive Oral Health:</b> To conduct a 3rd year of school-based dental services for Region 1 School District in CT, Grades K-8, providing education, screenings, sealants and referral for treatment services.

## Donor Restricted Funds

### Prescription Assistance Fund

Columbia County Community Healthcare Consortium, Inc. — Hudson, NY	\$11,370	To fund the FCH Pharmaceutical Assistance Fund.
Dutchess County Community Action Partnership, Inc. — Dover, NY	\$69,855	To fund the FCH Pharmaceutical Assistance Fund.
NW Connecticut Council of Governments — Warren, CT	\$68,775	To fund the FCH Pharmaceutical Assistance Fund.

### Medical Education Fund

Medical Education Event	\$2,059	<b>The Development of Total Parenteral Nutrition (TPN): From Bench to Bedside:</b> An educational event presented for the medical, science and academic community.
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## New Opportunities & Program Development

CT Council on Philanthropy — Hartford, CT	\$3,000	<b>The EngAGement Initiative:</b> Support to increase the knowledge and awareness of CT funders about the aging population and its impact on the citizens & economy of the state of CT.
CT Council on Philanthropy — Hartford, CT	\$1,800	<b>Annual Contribution:</b> To support their work and to maintain access to the latest information on the Connecticut grantmaking community.
Grantmakers in Health — Washington, DC	\$2,500	<b>Annual Contribution:</b> To support their work and to maintain access to the latest information on the health grantmaking community.

## Financials

	December 31, 2010 (unaudited)	December 31, 2009 (audited)
Value of Assets 12/31	\$23,973,097	\$20,667,664
Income Net Fees*	\$4,614,211	\$4,763,702
Grants Awarded	\$659,922	\$565,220
Program Expense	\$289,843	\$305,987
Administration Expenses	\$262,743	\$244,703

\*The Foundation also receives regular income from approximately \$6.5 million held in trust by others.

*"Imagine my surprise when in the stack of Christmas cards that I had just brought in from the mail box, I see the return address of a woman, a fellow parent, that I know from school, but just barely. Why would she be sending me a card this year? The answer turned out to be the best gift I could ever get. She wrote that a week ago, while she was rushing around cleaning the house and trying to eat lunch at the same time, a bite of food got stuck in her throat and in an instant, her breath stopped. She was unable to speak and beginning to pass out, when her 13 year old daughter came behind her and put her arms around her middle and with an upward thrust, the obstruction was launched across the kitchen and the most welcome breath of air filled her lungs. An even harder embrace was given back to her daughter with the question, 'How did you know what to do?!?' Her daughter responded, 'Don't you remember Mom? Our entire eighth grade class got trained in CPR on the last Friday of the school year. My CPR card was attached to my diploma.' This was the best Christmas Card Ever."*

CPR Instructor  
EMS Institute, CT & NY



Eastern Dutchess Rural Health Network



Cyberbullying, Region 1 School District, CT

*"We have a 50 year old, widowed mother of three with one child living at home and financially struggling. The Foundation for Community Health Rx program, and its generous allotment each month, has helped her purchase the medicine needed for her health issues. Having this one relief of stress off her shoulders has helped her focus on other important concerns that she battles with each and every day. She's continuously inspired and strives to do better for herself and her family. She doesn't take assistance for granted and always accepts it graciously. A truly grateful human being!"*

Town Social Service Representative  
Northwest CT

*"It is hard to find the convenience and affordable dental care for both my handicapped daughter and myself that we have received here. "*

Female Dental Patient  
Hudson River HealthCare, NY



Expanded Dental Services,  
Taconic Hills School District, NY

## Gifts & Planned Giving

To donate, set up a donor fund or leave a legacy that will enable us to continue working to improve the health and well-being of the people in our community far into the future, contact Nancy Heaton at 860.364.5157 or [nancy@fchealth.org](mailto:nancy@fchealth.org)

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*Special thanks to retired Board members Ella Clark, Lea Davies and George Garfunkel*

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*The Foundation for Community Health, initially funded with the net assets of the sale and conversion of Sharon Hospital, is a supporting organization of the Berkshire Taconic Community Foundation.*

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