



2019 Fall Newsletter
Volume 8



ABOUT US...

Catskill Hudson Area Health Education Center (AHEC) is a 501 (c)3 non-profit organization and one of nine AHECs in New York State. The purpose of Area Health Education Centers is to develop, implement, and support educational programs for K-12 students, health professions students, medical students, career seekers, and standing health professionals to introduce, encourage, and promote health professions in order to improve regional healthcare accessibility and outcomes.

Catskill Hudson AHEC is located in Highland, NY and our center's regional outreach consists of eleven counties including Columbia, Delaware, Dutchess, Greene, Orange, Otsego, Putnam, Rockland, Schoharie, Sullivan and Ulster.

Health Professions Student Summer Rural Immersion Program enters its fourth year.

Students from Touro College of Osteopathic Medicine-Middletown Campus, Marist College Physician Assistant Program, Netter School of Medicine at Quinnipiac University and the University of Connecticut School of Medicine gathered at the Foundation for Community Health on July 24 in Sharon, Connecticut, for a dinner and to hear from a physician panel on the occasion of their participation in a two-week, 2019 Health Professions Rural Student Summer Immersion Program.



During the program they visited seven health service sites in rural eastern Dutchess County and Litchfield County to learn about the benefits and needs for entering practice working with rural populations, and because of a lack of clinicians in those areas. The program is in its fourth year.

At the dinner, four local physicians, all of whom have been rural clinical leaders in both primary and specialty care, discussed why practicing in rural communities has advantages and also unique challenges and can be highly rewarding.

The primary preceptor site in New York State that the students see is the HRHCare Amenia community health center, in rural northeastern Dutchess County. Two of the four originating educational institutions are located in New York State – Touro College of Osteopathic Medicine (Middletown/Orange County) and Marist College Physician Assistant Program (Poughkeepsie/Dutchess County). The students received free housing from an area independent school and had the chance to enjoy community recreational and cultural programs as well. This was the first year that this program became an interprofessional program, with the addition of Marist College Physician Assistant Program to what had previously been cohorts of students drawn solely from the three medical colleges.



Ulster County Executive Pat Ryan Appoints Susan Koppenhaver to lead the Ulster County Office for the Aging.

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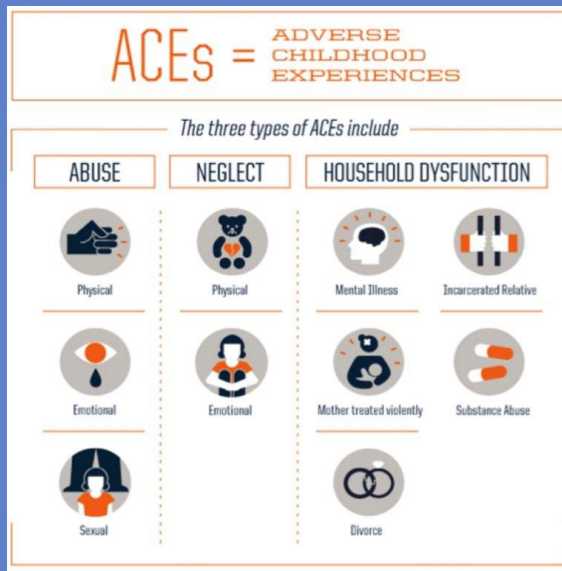
County Executive Pat Ryan announced the appointment of Susan Koppenhaver to be the new Director of the Office for the Aging.

Koppenhaver, who has over 25 years of health administrative experience, previously served as the President of the Ulster County Office for the Aging Advisory Board.

Koppenhaver most recently served as the Chief Executive Officer of Always There Home Care, a not-for-profit working to assist aging residents to be able to remain at home with home care, health care, and individual quality of life services. She holds a masters degree in Public Health from Columbia University. Sue is also Vice President of our Catskill Hudson Area Health Education Center Board of Directors.

We wish you all the best, Sue!

Catskill Hudson AHEC to revisit the topic of Adverse Childhood Experiences (ACES)



Catskill Hudson AHEC in collaboration with HealthConnections will present "The Challenge of and Response to Adverse Childhood Experiences (ACES): Emerging Intervention Strategies" to all healthcare professionals and staff (clinical and non-clinical) in the Hudson Valley.

The program will feature a documentary entitled Resilience – The Biology of Stress and the Science of Hope as well as presentations by Traci Gardner, M.D.; Michele Solloway, PhD, MPA,

SEP; and Nicole Brown, M.D., MPH, MHS. Following the presentations will be a Q&A discussion panel featuring the three presenters, as well as Elisabeth Marigliano, MSN, RN, PMHNP-BC; Shirley Girouard, Ph.D, RN, FAAN; and Kim Dangerfield, LMSW. The panel will be moderated by Michele Crespo-Fierro, PhD, MS/MPH, RN ACRN.

Continuing Education credits will be offered in Nursing from NYU Rory Meyers College of Nursing Center for Continuing Education in Nursing; for Social Work and Licensed Mental Health Counselors through a partnership with the University at Albany School of Social Welfare; and for Physicians through the University of Rochester School of Medicine and Dentistry by the Accreditation Council for Continuing Medical Education.

This program was fully booked within 10 days of opening registration and will be presented on November 1, 2019 at the Henry A. Wallace Center at the Franklin D. Roosevelt Library in Hyde Park. Catskill Hudson AHEC hopes to secure funding in the near future to replicate this program so that the extensive waiting list of health professionals will benefit from this information.

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