Community Health and Wellness Center opens satellite office in Winsted

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By JASON SIEDZIK

WINSTED — A long-sought satellite office for the Community Health and Wellness Center opened its doors in town Thursday.

The center began seeing patients at its new Winsted location on 115 Spencer Street, having just received Department of Public Health approval one week earlier. According to CEO Kathy Grimaud, the Winsted office has been a goal of the center for years.

"This has been a long time coming," said Grimaud.

Advanced practice registered nurse Heather Platt will be the center’s primary health care provider. A graduate of Sacred Heart University with 15 years of clinical experience and a master’s degree in nursing, Platt is board-certified as both an adult nurse practitioner and diabetic educator.

The center advertises the full spectrum of primary health care services, ranging from health assessments, immunizations and comprehensive HIV screening. Dental services are only available at their main location on Migeon Avenue in Torrington.

The Community Health and Wellness Center accepts most insurance providers, but will provide care regardless of the ability to pay. The center also accepts patients without insurance on a sliding scale, based on family size and household income. The center is currently funded by the Connecticut Department of Social Services, Connecticut Department of Public Health, United Way and the Foundation for Community Health.

The Winsted satellite office is open Mondays and Thursdays from 8:30 a.m. to 5 p.m. To make an appointment or contact the Winsted office, call (860) 238-4211. Contact the Torrington office the rest of the week at (860) 489-0931.

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